





Growth Hormones Effective 12/05/2007 Revised 07/03/2008

Preferred Agents

Available with Clinical Edits

- Nutropin®
- Nutropin AQ Vial®
- Nutropin AQ Cartridge®
- Norditropin Nordiflex®
- Norditropin Cartridge®
- Genotropin Cartridge®
- Genotropin Pen®
- Saizen Vial®
- Tev-Tropin®
- Omnitrope®

Non-Preferred Agents

Available with Clinical Edits

- Humatrope Cartridge®
- Humatrope Vial®
- Serostim®
- Zorbtive®

Approval Criteria

- Diagnosis of HIV with cachexia in the last 2 years.
 - Documented baseline body weight
 - Approval x 2 weeks
 - At 2 week follow up, no documented weight loss from baseline
 - Approval x 10 weeks
 - At 10 week follow up, patient's weight stable
 - Approval in 12 week increments
- For patients > 18 years of age:
 - Renal impairment, or chronic renal disease in last 2 years
 - History of growth hormone deficiency in last 2 years documented by one of the following:
 - Insulin Tolerance Test (ITT)
 - GH Stimulation Panel (with arginine, glucagons, propranolol, or levodopa
 - Serum IGF-I concentration (if ITT contraindicated)
 - Equivalent Diagnostic Test (subject to clinical review)
 - History of any of the following in the last 2 years: (subject to clinical review)
 - Prader-Willi Syndrome
 - Turner Syndrome
 - Crohns Disease
 - Cardiomyopathy
 - Short Bowel Syndrome
 - Other Medically Accepted Uses
 - Idiopathic Short Stature
 - Short Stature Homeobox Gene

Denial Criteria

- Absence of approval criteria
- Evidence of tumor activity or active neoplasm or current chemotherapy
- Lack of therapeutic response at any given interval
- Lack of performance of diagnostic testing
- Drug Prior Authorization Hotline: (800) 392-8030.

- Follow up after 1 year may require repeat GH deficiency test within the most recent 6 months – (may be subject to Clinical Consultant Review)
- Failure to achieve desired therapeutic outcomes with trial on 2 or more preferred agents
- Documented trial period for preferred agents
 Documented ADE/ADR to preferred agents
- Documented compliance on current therapy regimen